

Sayre Area School District Summer Food Service Program Menu

JUNE 19 to JULY 28, 2017

BREAKFAST: 8:30—9:00 AM, LUNCH: 11:30 AM —12:15 PM

FREE FOR ALL CHILDREN AGE 18 and UNDER!



Alice F. Bennett, R.D.
 abennett@sayresd.org
 Staff: **DENE HORTON** and
SHERRY MIDDLEBROOK

Daily breakfast menu:
Assorted cereal/toast
OR Breakfast Pastry
Fruit, Juice and Milk.

DAILY Milk Variety:
 Non-fat White & Flavored, 1%
 White and Lactose-free Milk
 Peanut Butter & Jelly
 Sandwich is available Daily!

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations.
 EOE

Menu Subject to Change!
 5.15.17

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
6/19 Grilled Cheese Sandwich Carrots Coins Applesauce Fat Free or Low Fat Milk	6/20 Hotdog on a Bun Baked Beans Fruit Cocktail Fat Free or Low Fat Milk	6/21 Rib Patty on a Bun Whole Kernel Corn Fresh Fruit Selection Fat Free or Low Fat Milk	6/22 Beefy Baked Pasta with Garlic Bread Green Beans Chilled Pears Fat Free or Low Fat Milk	6/23 Ham/Cheese or Tuna Subs, Baby Carrots Pineapple Tidbits Fat Free or Low Fat Milk
6/26 Chicken Patty on a Bun Whole Kernel Corn Chilled Apricots Fat Free or Low Fat Milk	6/27 Ham/Cheese or Tuna Subs Zesty Bean Salad Flavored Applesauce Fat Free or Low Fat Milk	6/28 Beefy Nachos w/ Bread Slice Peas and Carrots Chilled Pears Fat Free or Low Fat Milk	6/29 Popcorn Chicken/Bread Mashed Potatoes/Gravy Fresh Fruit Selection Fat Free or Low Fat Milk	6/30 Sloppy Joe/Bun Celery Sticks Diced Peaches Fat Free or Low Fat Milk
7/3 4th of July Picnic! Hotdog or Hamburger on a Bun, Cole Slaw, Baked Beans, Watermelon, Milk, Surprises and Prizes!		7/6 Rib Patty on a Bun Golden French Fries Chilled Applesauce Fat Free or Low Fat Milk	7/7 Ham/Cheese Or Tuna Sub Celery Sticks Peaches Fat Free or Low Fat Milk	7/8 Corndog Minis Diced Carrots Pineapple Tidbits Fat Free or Low Fat Milk
7/11 Grilled Cheese Sandwich Diced Carrots Fruit Cocktail Fat Free or Low Fat Milk	7/12 Beefy Nachos With Bread Slice Whole Kernel Corn Chilled Pears Fat Free or Low Fat Milk	7/13 Chicken Patty/Bun Green Beans Chilled Peaches Fat Free or Low Fat Milk	7/14 Plain or Cheesy Hotdog/Bun Baked Beans Applesauce Fat Free or Low Fat Milk	7/15 Beefy Pasta Bake w/Garlic Bread Steamed Peas Apricots Fat Free or Low Fat Milk
7/18 BBQ Rib/Bun Whole Kernel Corn Chilled Pears Fat Free or Low Fat Milk	7/19 Ham/Cheese Or Tuna Sub Green Beans Diced Peaches Fat Free or Low Fat Milk	7/20 Popcorn Chicken w/ Bread Slice Mashed Potatoes/Gravy Flavored Applesauce Fat Free or Low Fat Milk	7/21 French Toast with Scrambled Eggs Golden Tater Tots Diced Apricots Fat Free or Low Fat Milk	7/22 Sloppy Joe/Bun Broccoli Cuts Fruit Cocktail Fat Free or Low Fat Milk
7/24 Chicken Patty/Bun Whole Kernel Corn Diced Peaches Fat Free or Low Fat Milk	7/25 Plain or Chili Dog/Bun Baked Beans Chilled Applesauce Fat Free or Low Fat Milk	7/26 Beefy Pasta Bake w/Garlic Bread Steamed Peas Fruit Cocktail Fat Free or Low Fat Milk	7/27 Ham/Cheese Or Tuna Sub Carrot Coins Pears Fat Free or Low Fat Milk	7/28 Cafeteria Staff's Lunch Choices Mixed Vegetables Fruit Medley Fat Free or Low Fat Milk