

## Guidance Services overview



The Elementary Guidance Counselor uses classroom guidance, small groups, and individual sessions to maximize time spent with students and to increase the impact that is made. One of the goals in classroom guidance is to assist students in increasing students' coping skills and develop alternative choices to everyday situations.



It is the intention of the Guidance Counselor to meet with each student at least once per school year in efforts to gain a better understanding of each student's strengths and needs. This allows the students to get a clearer picture of how the guidance department works together with teachers and parents to assist students in overcome their challenges and meet their goals. Their efforts focus on social/emotional, academic (study skills, organization or other skills needed to maximize student learning), and career awareness.



Students in the elementary level

focus on foundational skills, and the guidance department is no exception. Activities with students primarily focus on preparing them for future situations in the three areas noted above. To a smaller extent the guidance counselor spends time talking with students about alternatives to difficult situations. When students struggle with problems that require long term interventions, the counselor can refer the parents and guardians to area agencies better matched to meet the student's needs.

