

*Happy Thanksgiving!*

# EXPRESS

Produced by the Sayre High School Journalism I Class

Tuesday, November 22, 2005



**Mr. Polinski, SHS assistant principal, participates in the Rusty Rail pep rally by getting taped to the goal post.**

## *Seniors, prepare to serve!*

**By Zach DeSisti**

Senior Servant Day is a day that is memorable for many students.

“It has been around since the seventies and has always been a way to raise money,” said Mr. Twigg.

The money earned from this event goes to the senior’s class fund to help pay for things such as graduation, the senior trip, or other expenses needed to be covered for the seniors.

Students can be creative when Senior Servant Day comes around. Many students dress up their seniors.

“One year, I remember a girl made her sister dress up as a cow and moo through the halls,” said Mrs. Sindoni.

Students have also been known to dress guys as girls, and girls as guys. During all of the lunches, the seniors have had to get up in front of the entire cafeteria and sing a song chosen by the students.

The Senior Auction will be held on November 23<sup>rd</sup>, which is the day before Thanksgiving break. The actual Servant Day will be held on December 22<sup>nd</sup>, the day before Christmas break. The top bidding amount to get a Senior Servant is fifty dollars.

## CALENDAR

**Tuesday, November 22 – Senior announcement forms for Jostens and senior cartoon forms due.**

**Wednesday, November 23 – Half-day of school and Senior Servant Auction**

**November 24-28 – No School, Thanksgiving Break**

**Friday, December 2 – Basketball Tip-off Tournament for Boys and Girls, Varsity and JV**

**Saturday, December 3 – SAT’s at Sayre and the second day of the Basketball Tip-off Tournament**

**Saturday, December 10 – ACT’s at Sayre**

**Monday, December 12 – Winter Band Concert**

**Thursday, December 15 – Winter Chorus Concert**

**Friday, December 16 – Christmas Ball**

*Photo Poll*  
**What Do You Want For Christmas?**

By Ashley Flick



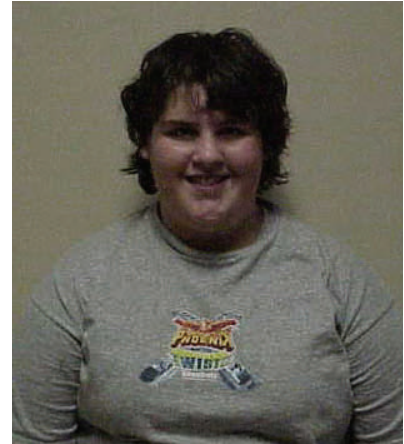
**Amber Walters**  
*8<sup>th</sup> grade*

“I want a new computer.”



**Anthony Villanti**  
*11<sup>th</sup> grade*

“I want a unicorn and a wand.”



**Brittany McCarthy**  
*7<sup>th</sup> Grade*

“I want a new Play Station because I broke my last one.”



**David Ludwig**  
*7<sup>th</sup> grade*

“I want a cell phone for Christmas.”



**Mr. Stroup**  
*Teacher's Aide*

“A new pair of Timberlands, a digital camera, Honda Civic SI, and a Sony home theatre system.”



**Lisa Hawley**  
*12<sup>th</sup> grade*

“I want my mom to pay my speeding ticket for me.”

# Mr. Krall: The interview

By Ryan Kirtley

Mr. Krall is a science teacher and the seventh grade class advisor for Sayre High, but what do you really know about him?

The truth is Mr. Krall offers a lot of activities and is also an interesting person to talk with. He is the advisor for many after-school activities. He runs floor hockey on Saturday where students can get into teams and play for the championship. He also runs Gaming Club, where students can get together Fridays after school and play many different kinds of games including D&D, Magic, and whatever else students want to bring in. There is also a DJ club for which he is the advisor.

Mr. Krall is a cool guy, but what are his opinions on certain subjects?

If you're wondering why he decided to become a science teacher, most of his family includes doctors and nurses, and his dad is a mechanic.

"Science runs in the family," he said.

He went to Penn State to earn his teacher's degree. Prior to teaching, he worked on computers.

Mr. Krall said his favorite sport growing up was volleyball because "it's very team-oriented."

His favorite sport now is hockey, which is also a very team-oriented sport.

Mr. Krall, although having lots of responsibilities with his many duties at Sayre Area School District, still finds time to read and watch movies. His favorite book is *Legend* by David Gemmell. His favorite movie is *The Empire Strikes Back*.

His favorite superhero is Captain America because, although he has no super powers, he's a hero for using his mind and determination.

Now you know a little more about this great science teacher and what he offers and likes. He's an inspiration to many students and lives up to his motto, "I Care."



Mr. Krall

## Christmas movies you may not have seen

By James Nasoni

*Bad Santa* - This movie is the story of two conmen who go on a road trip to malls. They work at the malls for minimum wage, playing their roles as Santa and his elf for the children. On Christmas Eve, they rob the mall they are working at, a strategy that becomes complicated when they encounter an 8-year-old who teaches them the meaning of Christmas.

*Elf* - This film stars Will Ferrell as Buddy, a baby in an orphanage who wandered away in Santa's sack and ended up at the North Pole. Raised by elves, he later goes to New York City to find his real father, Walter Hobbs, played by James Caan. Hobbs is on Santa's "naughty list" and does not know that he has a son. Buddy experiences life in New York City, while Walter's relationship with Buddy interferes with his job and he is forced to change his priorities.

*Christmas Vacation* - This is the story of the Griswolds preparing for their Christmas celebration. In this family, things never run smoothly and according to plan. Clark Griswold, played by Chevy Chase, and his family's bad luck continues when they are surprised by an obnoxious guest.



**Darren Reilly plays the trumpet during the pep rally.**



**A rowdy crowd gets ready to tape Mr. Polinski to the goal post...**



**Jamie Carmichael, left, and Erika Junker perform during the pep rally.**



**... And they succeeded.**

## *Rusty Rail Pep Rally 2005*

Photos by Ryan Kirtley and Zach DeSisti



Senior Derek Parrish acknowledges applause after being announced as the Most School-Spirited Student.



Members of the football team square off in a tug of war contest against the boys soccer team.

# Sayre's SADD chapter off to a good start

By Alisha Blackman

The SADD (Students Against Destructive Decisions) program at Sayre, advised by guidance counselor Stacey Richmond, has approximately twenty-five students, in grades seven through twelve.

The officers are: President- Todd Moyle, Vice-President- Luke Skerpon, Secretary- Melissa Brandt and Treasurer- Kim Firestine. There are also representatives from each grade.

"The following are some of the areas that Sayre SADD students felt we should address: underage drinking (drinking and driving), drug use, depression (suicide prevention), eating disorders, smoking, safe driving, and teen pregnancy (STD'S)," stated Mrs. Richmond.

"SADD's mission is to provide students with the best prevention and intervention tools possible to deal with serious issues young adults are facing today," she said. "Our goal is to plan at least one activity a month where we will provide resources to our students. We did the "Chain of Life" in September, Red Ribbon Week in October, where we had activities to encourage students not to use drugs, and The Great American Smoke-Out in November."

By doing this, they hope to provide students with resources and information that will encourage them to make good choices, said Mrs. Richmond.

"Empowerment is SADD's basic principle," she said. "The idea of empowerment is to build students' confidence and ability to create changes and manage behavior in a way that results in healthy life choices. SADD promotes a message of "NO USE" of alcohol or drugs and encourages students not to participate in activities with destructive consequences."

## *Class advisors express pros and cons of advising*

By Amanda Lyons

As most students probably know, each class has at least one advisor.

The 7<sup>th</sup> grade advisor is Mr. Krall and the 8<sup>th</sup> grade advisor is Mrs. Cole. The freshmen advisors are Mrs. Shoemaker and Mrs. Mente and the sophomores have Mrs. Fabbri. The juniors have Mrs. Tracy and Mr. Ault, and the senior class advisors are Mrs. Sindoni and Mr. Kinsley.

The advisors were asked recently what they think are the best and worst parts of advising.

According to Mr. Krall, the best parts of advising are "getting to work with kids on something non-academic."

"You get to see kids with skills that aren't normally spotlighted in the classroom," said Mr. Krall.

What is his least favorite part of being an advisor?

Mr. Krall said his least favorite is hall decorating because students have to work hard to create something only to have to tear it down the day after doing it.

Mrs. Tracy described her favorite parts of advising as being a good way to get to know students outside of a classroom setting. She described it as "situations that are designed to be fun instead of educational."

Mrs. Tracy said that she does not like working with students that aren't willing to do the work that is asked of them but who complain about what is being done.

Mr. Ault described his favorite part of advising as interacting with students.

He said that one of his least favorite parts is "students not following through with duties."

*"You get to see kids with skills that aren't normally spotlighted in the classroom," said Mr. Krall.*

# SPORTS

## Sayre boys ready to tip-off

By Colin Durfee

Sayre High winter sports are in effect, and nothing excites the community more than the fast pace, non-stop action of high school basketball.

The Redskins are certainly looking forward to this season, and are eagerly awaiting this season's first tip-off on December 2 and 3.

Coach Scott Taylor returns this year to coach the experienced Redskins and looks forward to a great season.

All the boys returning from last year's team have had varsity experience, and have been practicing during the off season.

"The open gyms have been packed with kids these past couple of months, and in the summer a handful came in," said returning junior Mike Cooley. "It doesn't sound like a lot but when kids come in the summer it shows they have dedication and it's what we need, even if its only five kids."

"We have a lot of momentum in us right now," said junior Travis Keir.

The boys are ready to rock the teepee and win some games this season.

Sayre's returning seniors are Connor Dugan, Matt Podolinski, and Adam Smith. Juniors returnees including Cooley and Keir are Mike Ackley, and Anthony Villanti. Sophomore starter Andy Podolinski also returns this season.

*The boys are ready to rock the teepee and win some games.*



Adam Smith

## Lady Redskins ready to rumble

By Joshua Rich

It is time to play basketball again and the Redskin girls are prepared.

"The team is looking good," said returning sophomore Chelsea Tracy. "We only lost one starter from last year and we have four returning sophomore starters."

Many of the players have just finished a successful soccer season and are taking a positive attitude onto the basketball court. The team made it to districts last year and hoping to play even better this year.

This year, the team has a new coach, Elliot Dutra, who played college basketball at Wilkes University. He is looking to help Sayre girls basketball keep winning.

According to Tracy, the expectations for the girls are "a winning record, winning the Christmas tournament, and going back to districts."

Among the returnees are junior Lynsey Bennett, and sophomores Amanda Kyc, Alison Meyer, Megan DeKay and Christina Webster.

The strength of the girls team is that all the girls have played basketball together since 3<sup>rd</sup> and 4<sup>th</sup> grades. The weakness, if any, is their youth, Tracy noted. For the most part, the players will be 9<sup>th</sup> and 10<sup>th</sup> graders.

"The underclassmen, especially the 7<sup>th</sup> graders, are working very hard and are really competitive," Tracy said.

"These girls will make a huge impact in the future for girls basketball team" she said.



Chelsea Tracy

## Wrestling team short on numbers but big in heart

By Brad Kizale

This year's wrestling team has high hopes for the upcoming season. Even though they are short on numbers, they have the heart to back it up.

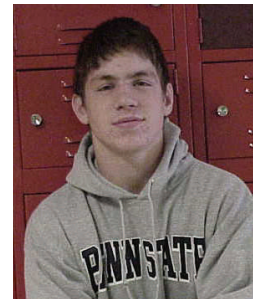
The wrestling team plans on having about fourteen kids go out for the team and only give up about three or four forfeits. They should match up equally in the small school division but the larger schools will be a tougher test for the 'Skins.

Senior Andrew Jarvis compares this year's team to last year's team.

"We have more experience than last year's team but we still lack in some weight-classes," he said.

"We plan on having a good season and improving on last year's record," said Jarvis. "We have a great group of people who could really make an impact and go to districts, regionals, and possibly the state tournament."

The coaches are: Glenn Jarvis (head coach), and Mark Twigg and Dale Jarvis as assistant coaches. The team managers are seniors Ashley Flick and Alisha Blackman.



Andrew Jarvis

# Photo Poll

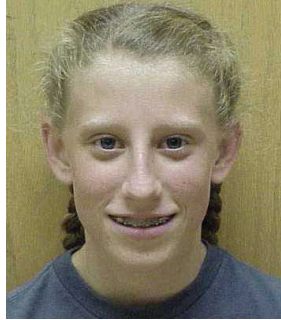
## *What do you do on a snow day?*

By Melissa Brandt



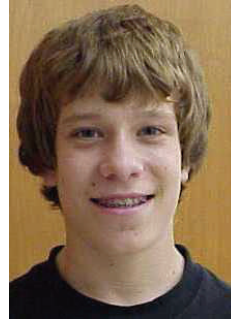
**Brian Howland**  
*Grade 7*

“Usually I sit at home but sometimes I’ll go sledding.”



**Karlee Kenney**  
*8*

“I sleep in and then in the afternoon, I’ll go sledding or just play in the snow.”



**Ryan Mullen**  
*Grade 9*

“I sleep in, then when I wake up, I have to shovel the driveway and sometimes I’ll have a snowball fight with my friends.”



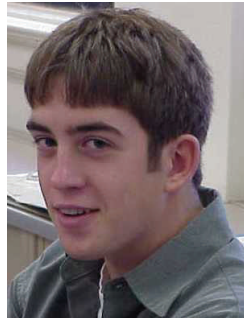
**Meredith Rogers**  
*Sophomore*

“I sit at home and play my favorite video game, *Kingdom Hearts*.”



**Jessica Kearns**  
*Junior*

“Sleep in then go sledding and snowmobiling with friends.”



**Connor Dugan**  
*Senior*

“Sleep in, of course, then go sledding and have a snowball fight with my friends.”



**Mrs. Fabbri**  
*English Teacher*

“I shovel the driveway then correct papers or clean the house.”



**Mr. Sikora**  
*Math Teacher*

“I sleep in, shovel snow, get caught up on grading papers, and then I drive around town in my four-wheel drive jeep because nobody else can.”